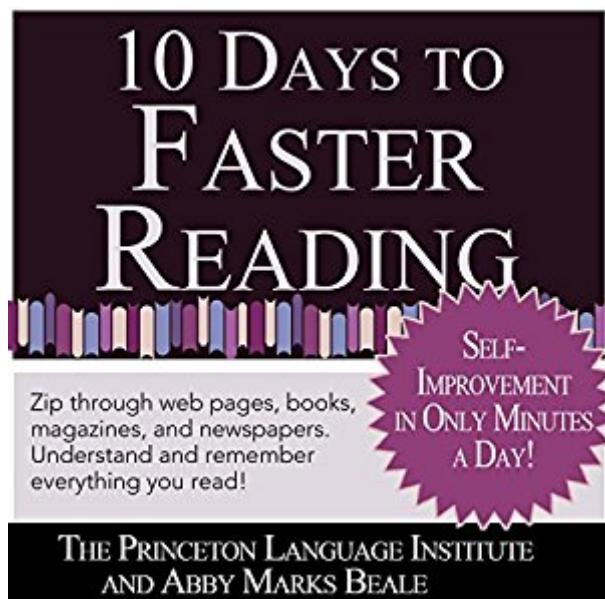


The book was found

10 Days To Faster Reading: Jump-Start Your Reading Skills With Speed Reading



Synopsis

Jump-start your reading skills! Speed reading used to require months of training. Now you can rev up your reading in just a few minutes a day. With quizzes to determine your present reading level and exercises to introduce new skills quickly, 10 Days to Faster Reading will improve your reading comprehension and speed as it shows you how to: Break the Bad Habits That Slow You down Develop Your Powers of Concentration Cut Your Reading Time in Half Use Proven, Specially Designed Reading Techniques Boost the Power of Your Peripheral Vision Learn How to Scan and Skim a Written Report - and All in 10 Days!

Book Information

Audible Audio Edition

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Customer Reviews

I just finished this book and it was fantastic help to my reading speed. I am a physician who always has a stack of reading, and this book deals not only with reading the stack faster, but also managing the stack. The book has two main advantages. First, is that it is concise enough to manage and significantly improve in 10 days. Second, it has great examples to help you improve. Its hands-on approach allows you to improve quickly. I have read the other reviews about concerns with comprehension, and I have improved with my comprehension. I tend to pay more attention to the parts of a reading that are important. My only regret is that I did not find this book while I was in school. This is a fantastic resource for students. It will not only improve your reading, but do it very quickly with less work. I have read other resources, including Stephen Berg's, and find they have approaches that you cannot learn quickly or easily as this method.

I am allergic to books that make big claims, and the title of this book did not look so promising. It was recommended by Julie Morgenstern in her book "Time Management From the Inside Out", and although I was suspicious, I did buy this book mainly because it was not too expensive. Now, having worked through this book, I must confess: the book is worth every penny! This is simply a wonderful book that makes you read really a lot faster in only minutes a day. The title tells the truth!

Marks-Beale gives great tips (most of which I had not found in other speed-reading books) and the exercises are great. I find myself browsing through this book over and over again. One of the charms of the book is that Marks-Beale does not - unlike some other books - give much detail about why we read slowly and how speed-reading works. No, instead she simply starts immediately with the drills and the tips that, with some effort, give results in a matter of days or less. Not so much theory, but practice! This is a book that I warmly recommend to PhD-students and colleague-profs at my faculty (Theology). And since (as a philosopher of religion) I have to read lots and lots simply to keep up with the literature, I constantly practice the things I learnt from this book. Highly recommended!!

When I first bought this book I wasn't expecting much. It seemed unreasonable that reading speed could be increased greatly in a short period of time. I bought it anyway, however, in hopes that it might have valid suggestions to improve reading speed that I could develop over time. It was a tremendous surprise when I more than TRIPLED my reading speed in just four days! When I began I was a slow to average reader (200 WPM). After four days I was able to read at nearly 650 WPM. However, comprehension is a different story. When I read quickly I find it hard to retain information. The book assures me that with practice I will begin to retain more of what I read. I am finding that this is true. In conclusion, you should be able to learn how to read much faster (not necessarily triple your speed though) in just 10 days. But after learning how to read quickly, it will take a great deal of practice to gain the comprehension you had before.

I had the opportunity to read "10 Days to Faster Reading," by Abby Marks-Beale. I found it an excellent book, the main focus being on how to read faster, but she also touches on how to more efficiently and effectively manage other areas of your professional and personal life. The book is very well organized and is very encouraging and upbeat. She constantly reminds one that because they are currently a slow reader, they do not have to remain that way. There are chapters on the key issues such as speed, concentration, previewing, comprehension, technical reading and studying. There are also important sub points on things like note taking, key words and phrases, newspaper

and E-Mail reading. There are good summary tables (pgs 64, 76 & 118 for example) as well as tests for speed and comprehension to give you feedback on your progress. The author also uses her experience as an "executive coach," to help people use their time better; to determine what they should and should NOT be reading or doing, how to manage their day for better productivity, as well as how to make more time in your personal life. Even if one is not interested in improving their reading speed, I would recommend reading this section of the book. Overall, I found this an excellent book, would recommend it not only for people who want to improve their reading speed, but also for those who would like to get a better handle on their professional and personal life.

I worked through the 10-day program illustrated in the book. The result is amazing! With continuous practice after the program, both my reading speed and comprehension improved dramatically. The author offered many different ways to develop skills to achieve two major goals: faster reading and better comprehension. I've tried all the methods and found the ones that best fit my own needs. I am sure for those who need to read a lot everyday (especially non-fiction material) will be treasured by this simple self-training guidebook.

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